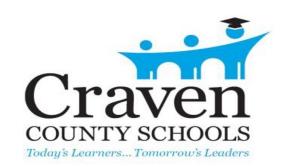
Craven County Schools Health Update for Staff SY 2023-2024

Moving Forward Together



Craven County Schools Nurse Team



Introducing the Craven County School Nurses: New Bern

Phone Numbers
514-6431
514-4360
514-6415
514-6420
514-6475
514-6481
514-6475
514-6450 514-6438
514-6400
RN (M) 637-5608 497-2250

Luanne Mack, RN

514-4338

<u>Central Services</u> District Lead Nurse

Introducing the Craven County School Nurses: Havelock

Elementary Schools	School Nurses	Phone Numbers
Roger Bell New Tech Academy	Tandra Garner, RN	444-5133
Havelock Elementary	Cathy Gerrald, RN	444-5106
Graham A. Barden Elementary	Julie Osmanovic, RN	444-5100
Arthur Edwards Elementary	Jennifer Barnes, RN (M)	444-5140
W. J. Gurganus Elementary	Savana Childress, RN(M)	444-5150
Middle Schools Havelock Middle School Tucker Middle School	Donna Jasset, RN Allison Ballard, RN	444-5125 444-7200
<u>High Schools</u>		
Havelock High School	Christina Woods, RN	444-5112
Early College East	Cathy Gerrald, RN	444-2022

Introducing the Craven County School Nurses: West Craven

Elementary Schools	School Nurse	Phone Number
Bridgeton Elementary	Krystal Collins, RN (M)	514-6425
Vanceboro Farm Life Elementary	Ashley Lewis, RN	244-3215
JW Smith Elementary	Kathy Dunham, RN	514-6466
Middle School West Craven Middle	Stephonie Utley RN	514-6488
<u>High School</u> West Craven High	Janice Dixon, RN (M)	244-3200



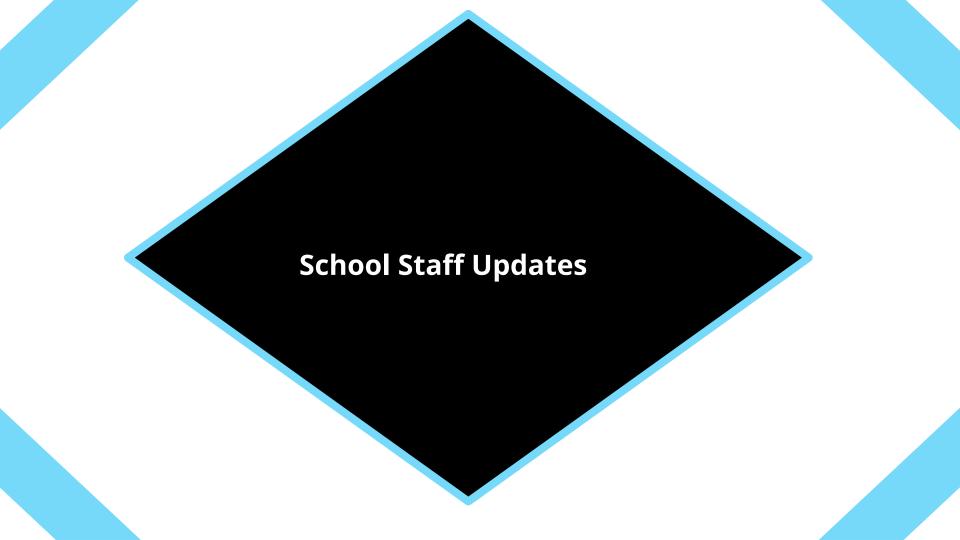
Role of the School Nurse

Individual health care needs assessments for students

 Health care plan development, revision and evaluation including Emergency Action Plans, Individual Health Care Plans and health-related components of Individual Education Programs

Direct provision of nursing health care services

 School staff instruction and supervision in provision of care for students with special health care needs



For Safety Reasons...

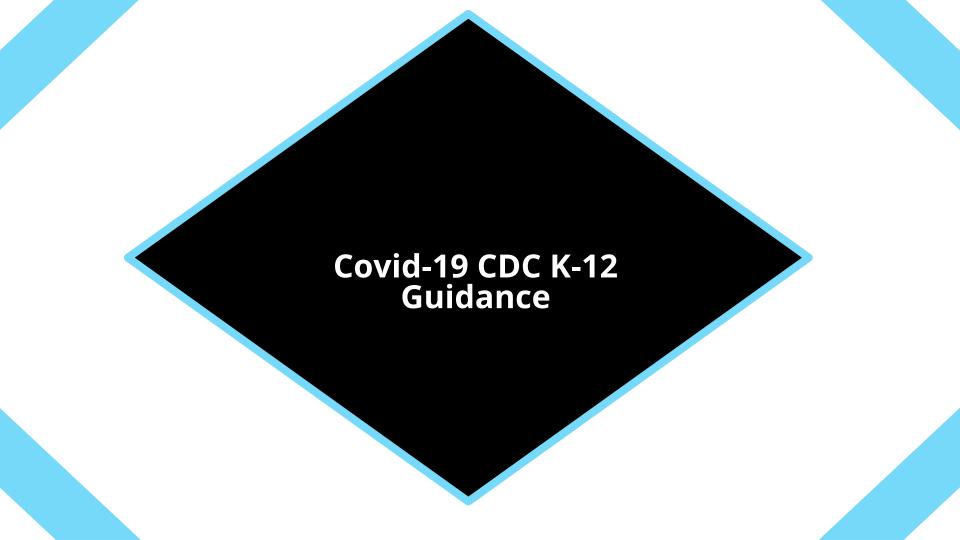
- Send student to health room with a <u>completed</u> Nurse Referral Slip
- Students <u>ARE NOT</u> to go to the Nurse during transition without a note from the teacher.
- Completed slip gives details about symptoms you observed and a place for the nurse to jot a note back to you.
- Completed slips in upper grades decrease #'s students cutting class.
- Documenting times on the slip promotes safety and accountability.
- Substitute nurses will not know "TJ's" last name.
 Please use full name on slip.
- Keep extra slips and a pen in your red bag, wherever you go (especially playground and cafeteria).
- Out of slips? Please contact your School Nurse

Symptoms that Require Immediate Nursing Care: Call 911 if....

- Inability to breathe, turning blue. (Initiate CPR while someone else calls 911)
- Profuse, copious bleeding that does not stop after 10 minutes of firm pressure or bleeding that pulsates
- Fainting (lie on floor, elevate feet approx. 10") with no response after 1-2 minutes
- Seizure (lasting 5 minutes or more or first-ever seizure in a student)
- Painful limb injuries that may indicate sprain or fracture.
- Emergency first aid needed but student unable to be moved.
- Severe Allergic Reaction requiring administration of Epinephrine
- Head Injury

The "15 Minute Guide"

- Students with <u>non-urgent symptoms</u> should <u>NOT</u> be sent to the health room for the first 15 minutes after a transition time such as: arrival to school, changing classes (i.e.Lunch to Music, PE to Language Arts, etc.) to/from recess.
- Staff should never hesitate to refer a student to the nurse (or front office if the nurse is out of the building) if there is an emergent concern about the student's well being.







Fever or Chills & New Loss of Taste or Smell



Headache & Sore Throat



Cough



Fatigue & Muscle or Body Aches



Congestion or Runny nose & Nausea or Vomiting & Diarrhea

What about symptomatic students & staff?

If you are SICK....STAY HOME

- School nurses will continue to communicate with symptomatic individuals.
- School nurses will exclude these individuals from school, advise about testing, and keep them on track to get back to school and work in the safest, most timely manner.

Role of the School Administrator

After hours and on weekends:

- If you are contacted by a staff member or family who reports they or their child are <u>experiencing symptoms</u>, or have <u>tested positive</u>, advise them to stay home. The school nurse will follow up with staff or family member of student the next school day.
- Please provide your school nurse with the information that you have received.

School Year **2023-2024**

- Face masks are <u>Optional in CCS</u>
- Immediately isolate symptomatic individuals and require symptomatic persons to wear a mask while waiting to leave the facility.
- CDC recommends students or staff who come to school with symptoms or develop symptoms while at school should be asked to wear a well fitting mask while in the building, be sent home, and encouraged to get tested. This is at the discretion of the school nurse. (CDC UPDATE- MAY 11, 2023)
- Symptomatic individuals who cannot wear a mask should be separated from others as much as possible; children should be supervised by a designated caregiver who is wearing a well-fitting mask until they leave the school facility..



- Respiratory procedures such as nebulizer treatments and suctioning must be performed in an area where only the student and the nurse or her trained back up staff are present.
- Implement and disinfection procedures per CDC guidelines.
- Exclusion from school for positive Covid-19 cases is <u>required</u> following the specific exemption criteria per CDC guidelines.

Exclusion Criteria: Person tested positive with an antigen and/or PCR test but does not have symptoms

The person can return to work or school <u>5 days</u> after the specimen collection date of the first positive test, as long as they do not develop symptoms. Collection date = Day 0

 The person <u>must continue to mask</u> for an additional 5 days to minimize the risk of infecting others. Day 6-10

 If the person is unable to mask, they must be excluded from work or school <u>10 days</u> after the specimen date of the first positive test.

• The person is not required to have documentation of a negative test in order to return to school.

Criteria: Person tested positive with an antigen and/or PCR test and has Covid-19 symptoms

Person can return to school when

- It has been at least <u>5 days</u> after the first day of symptoms; AND
- It has been at least 24 hours since the person had a fever (without using a fever reducing medicine); AND
- Other symptoms of Covid-19 are improving
- Day 0=Day of symptom onset

The person must continue to wear a mask for <u>10 days</u> after the first day of symptoms. **Must mask from Day 6-Day 10.**

If the person is unable to mask, they must be excluded from work or school **10 days** after the first day of symptoms

Exclusion Criteria: Person has symptoms of Covid-19 but has not been tested for Covid-19 nor has visited a health care provider. Therefore the person is a presumed positive

Person can return to school when

- It has been at least **5 days** after the first day of symptoms; AND
- It has been at least 24 hours since the person had a fever (without using a fever reducing medicine); AND
- Other symptoms of Covid-19 are improving
- Day 0=Day of symptom onset

The person must continue to wear a mask for <u>10 days</u> after the first of symptoms. **Must mask from Day 6-Day 10.**

If the person is unable to mask, they must be excluded from work or **10 days** after the first day of symptoms.

Exclusion Criteria: Person has symptoms of Covid-19 but has received a negative test for Covid-19 or has visited a health care provider and received an alternate diagnosis

Person can return to school when:

- It has been at least 24 hours since the person had a fever (without using a fever reducing medicine); AND
- Symptoms are improving for at least 24 hours

Note: The health care provider is not required to detail the specifics of the alternate diagnosis.

Ending Isolation

After you have ended isolation, if your Covid-19 symptoms recur or worsen, restart your isolation at day 0. Talk to a healthcare provider if you have questions about your symptoms or when to end isolation.

Exposure Criteria

- Should follow recommendations to wear a well fitting mask and get tested.
- Get tested no earlier than Day 5 from the exposure
- If you should develop symptoms prior to Day 5, then test immediately



After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms improving),

Wear your mask through day 10.

OR

- If you have access to antigen tests, you should consider using them. With 2 sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.
- Example, Day 6 (first antigen test)- Negative test, Day 8 (second antigen test)- Negative test. May remove mask on Day 9.



Testing Program Update

The ELC Covid-19 grant in school testing program ended on June 30, 2023 so therefore CCS will no longer be offering this service.

Covid-19 Operational Guidance for K-12 Schools and Early Care Programs

https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html

Questions?